

Individual: \$390 \$ _____

Couple: \$596 \$ _____

TOTAL \$ _____

Contact:

CBWC Heartland Regional Office
c/o Argyle Road Baptist Church
3510 Argyle Road
Regina, SK S4S 2B8
heartland@cbwc.ca | 1-866-789-2940

Please make cheques payable to: **Canadian Baptists of Western Canada**

Your registration includes 2 nights' accommodation and meals. Early check-in is available on Sunday, February 2 for those wishing to come early, but you will be responsible to book your own Sunday night room by contacting the Inn directly at 1-800-665-0678. Please mention that you are with the Heartland Pastor & Spouse Retreat to receive the reduced rate (\$90 + tax for single occupancy and \$100 + tax for double occupancy).

Check-in and registration will begin at 11:00 am Monday, followed by lunch. We will end with check-out at 10:45 am on Wednesday.

Cover photo by Priscilla Du Preez on Unsplash



Paying attention to God, to self, and to others

Heartland Pastor and Spouse Retreat
Russell Inn, Russell, MB
February 3-5, 2020



Karen is a Marriage & Family Therapist based in Saskatoon. She loves being welcomed into the difficult parts of an individual's story and in witnessing the transformation that comes when they become vulnerable with their selves, with God, and with others. Karen has been married to Brendon for 30 years and they have two grown sons. She enjoyed gardening, reading, and travelling.

Brendon & Karen Gibson

Originally from the island of St. Vincent in the West Indies, Brendon now calls Saskatoon home. He is married to Karen and has two young adult sons. He has been on staff at Emmanuel Baptist Church since 2004, and now serves as Executive Pastor and Lead Pastor for their morning congregation. He enjoys his own company and loves to read!



Heartland Retreat Registration

Name: _____

Spouse's Name (if attending): _____

Church/Ministry: _____

Address: _____

Email: _____ Phone: _____

Special Dietary Needs: _____

Note: Online registration is available at www.cbwc.ca